



DON'T FORGET!

Our office closes 1pm Thursday 22nd December and re-opens at 9am on Wednesday 4th January 2023. If you have services during this time, you must inform the office and/or your Support Worker of any changes to your service such as hospital admission, respite, going on holiday or any change in your circumstances. This would include any request to adjust your service.

Office Tel No. 01592 610540

Welcome

Visit our website: www.crossroadsfifecentral.org



This year we offer a very warm welcome to our new team members: Caroline, Vicky, Johan, Shannon, Theresa, Linda, Laura & Joan.



Good Luck!! 

We offer a sad farewell and thanks for their many years of service to: Alex Hamill, Margaret Neish, Alaena Martin, Jan Mackie, Suzanne Simpson, and Marilyn Fleming.

Wishing Lynn Rose all the very best in her retirement after dedicating 24 years of service to Crossroads.

smileamazon.co.uk

When you shop @AmazonSmile Amazon will make a donation to Crossroads Fife.

<https://smile.amazon.co.uk/ch/SC007781>

**WE'RE LOOKING FOR
BOARD MEMBERS!**



Crossroads Fife are looking for Board members to join our team, if you, or anyone else you know are interested, please call Tracy 01592 610540, or email tracy@crossroadsg.co.uk.

CROSSROADS FIFE FESTIVE NEWSLETTER

*Wishing you all
Festive Greetings
& Happy New Year*

2022



What Have
We Been Up To in 2022

WHAT DO YOU GET WHEN
YOU CROSS A SNOWMAN
AND A VAMPIRE?



FROSTBITE



Befrienders receiving their
Certificates during Volunteer
Week



Manager & Deputy
Manager enjoying
Halloween celebrations

Ratho
Boat
Trip





“A Job Well Done”

People tend to call us Carers
I don't see this as correct
I much prefer companions
As I work hard to gain respect

If I offer help to shower and dress
I suggest, I don't insist
Their own dignity is paramount
And I am happy just to assist

Over coffee, cake or biscuits
We will put the world to rights
They do still have a point of view
And they are prepared to fight

My people love a singsong
As it helps them reminisce
Their singing brings back memories
Of a dance, perhaps a kiss

Independent living is our goal
And we strive hard to gain success
We'll try knitting, sewing, arts & crafts
In support of those hard pressed

We love to go on shopping trips
Where we look at all the clothes
We chuckle quietly to ourselves
“Would we be soon in those?”

There's not a boardgame I can't conquer
If there is, I can't recall
I've seen each dodge known to man
And, I have learned them from them all

My domino skills are legend
I've been tutored by the best
My expertise in card games
Puts me way beyond the rest

It pays you just to listen
As they know all the tricks
They've seen it, breathed it, done it,
And they've all been in the mix

I've never kicked a football
In my youth I've kicked some cans
But my knowledge of the current rules
Is better than most fans

I cannot take them to a match
If I don't know the game
They expect a certain expertise
To re-ignite that flame

I'm ready to go Mister Thompson
Would you like a cup of tea?
That's milk and two sugars for you
And two cans of Red Bull for me.

By John Nerd

What a Day!

BEFRIENDING PROJECT

Do you know someone who has a few hours to spare, who would enjoy becoming a volunteer befriender?

If so please contact Befriending Coordinator, Marie Lindsey on Tel. 01592 630253 or email at: Marie@crossroadsg.co.uk



We would like to thank everyone who has donated to Crossroads Fife over the past year.

Thank
You

To date, this year we have received **£4,139.12** in donations. This money has enabled us to provide vital respite to families in need of our support.



*Rest time,
is not wasted
time...*



Are you a carer in need of a break? Do you live in Fife?

Or;

Are you a young carer (caring for children or adults)?

Unpaid carers in Fife can get up to £500 to help them get a break from their caring commitments.

The Creative Breaks Fund has been run for several years by Fife Voluntary Action, in partnership with

Fife Carers Centre, Crossroads Fife and Fife Young Carers.

You can access the link at **Carers in Fife (fva.org)** to find an application form and guidance on how to complete this or alternatively visit the Fife Voluntary Action web site.